

How does the Dutch SLT-fluency specialist work?

Customized, calibrated and evidence/practice based therapy

Comprehensive scale of therapy-approaches

Discusses the outcomes of assessment and the plan of treatment with the client.

Involves the client's close acquaintances with the therapy

Works multidisciplinary

Focuses on different aspects:

- Speech
- Cognitive and emotional aspects
- The client's daily environment
- Activity and Participation (ICF)
- Effective communication

Therapy goals for children, adolescents and adults:

- self-confidence and the confidence to speak
- fluency enhancing techniques
- stuttering modification techniques
- counselling
- management of cluttering
- Integrated therapy
- Intensive therapy (IZS)
- Public awareness

Early intervention for young children;

- Fluency enhancing therapy (RESTART):
 - * Lidcombe Program
 - * Demands & Capacities Model
- Indirect therapy for parents